

TWS Symposium 2026

Filling the gaps in HSP and related disorders

March 12+13

Recklinghausen
Germany

Hospital
Knappschaft

Dorstener
Straße 151



This year's symposium of the Tom Wahlig Foundation focuses on improving understanding and care for people living with hereditary spastic paraparesis (HSP).

Guided by the vision of "Filling the Gaps," the symposium brings together leading international researchers, clinicians, and patient advocates to close the distance between scientific discovery and clinical reality. Remarkable progress in genetic diagnostics, next-generation and long-read sequencing, and molecular technologies has dramatically improved diagnostic precision and deepened our understanding of the complex pathophysiological mechanisms underlying HSP.

With a strong focus on careful progress and translation, the program highlights emerging therapeutic strategies, including precision medicine, small-molecule approaches, and gene- and RNA-based therapies. The long-term goal is to turn scientific advances into meaningful improvements in the lives of individuals and families affected by HSP worldwide.

The meeting takes place at the Knappschaftkliniken Recklinghausen, an institution deeply rooted in the history of the Ruhr region. Emerging from the miners' healthcare traditions of the "Knappschaft," the centre reflects a long-standing commitment to solidarity, care, and medical excellence — values that continue to shape its role as a modern hub for specialist medicine and research.

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General information for your pleasant time at our meeting

<p>Public transport</p> <p>Recklinghausen main station <-> Hospital Knappschaft</p> <p>Bus stops in the city centre: Lohtor</p>	<p>SB25 214 219</p>
<p>Accomodation</p> <p>Both hotels are located in the city center</p>	<p><u>Holiday Inn Express</u> Herrenstraße 8, Recklinghausen: Single room for € 99,- incl. breakfast, +49 2361 943020.</p> <p>Please book via email to info@express-recklinghausen.de and use the keyword "Tom Wahlig Stiftung".</p> <p><u>Aspire Hotel</u>, Lörhof 8, Recklinghausen: Single room for € 75 incl. breakfast, +49 2361 4086600.</p> <p>Please book via email to palais@aspire-hotels.com and use the keyword "10445 - Tom Wahlig Stiftung".</p>
<p>Restaurants</p> <p>Both restaurants are located in the city center</p>	<p>March 11, 7pm: Drübbelken, Münsterstraße 5, Recklinghausen</p> <p>March 12, 7pm: Wilma Wunder, Schaumburgstraße 1, Recklinghausen</p>